

Live Simply pledges

Ruth Stanley: Sign up to the anti-poverty charter and activity.

Jacinta Campbell: Buying non-plastic dish washer tablets and other similar products.

Anon 1: Re-using coffee grounds in the garden.

Anon 2: Use 'ethical' banks where possible.

Anon 3: Taking public transport instead of driving where possible.

Bob Levesley: Clean up the River Sheaf.

Anon 4 (family): Recycle more widely, ensure we only use recycled paper, pray, encourage wildlife to our garden, buy less plastic, donate to the food bank.

Anon 5: Continue Meat-free once a week (usually more 2 – 3 x), cycle to church (in warm and fair weather), buy locally as much as possible, buy 2nd hand clothes where I/we can.

Anon 6: Declutter my house and recycle what I don't need.

Jo Crofton-Martin: More home cooking.

Sian Price: Continue walking more driving less, meat free x 1/week, appreciate nature.

Anon 7: Recycle, help people.

Liz Dingle: Helping with river clean ups.

Anon 8: Meat-free, Walk instead of driving/public transport.

Anon 9: Using public transport or walking instead of the car whenever possible.

Anon 10: Joining the group for sharing equipment (number provided).